

charwellS
eat. learn. live.

Elementary Menu

2016-2017

daily price list

Meal Price : \$5.25

Sandwiches:
Grilled Cheese
Ham & Cheese Sandwich
6" Deli Sub(Ham and Turkey
Pepperoni)

\$2.85
\$3.50
\$3.75

Drinks:
250ml White Milk
250ml Choc Milk
114ml Juice
341ml Can Juice
Bottled Water
Yop (113ml)

\$0.50
\$0.55
\$0.65
\$1.75
\$1.50
\$1.25

Salads:
Caesar Salad
Garden Salad

\$3.50
\$3.30

Other
Baked Fries/Wedges
Grilled Chicken Burger
Homemade Hamburger
Homemade Cheeseburger
Pizza Bagel (Tuesday,
Thursday, Friday)
Pizza Slice(Tuesday,
Thursday, Friday)
Garlic Slice (Friday)

\$2.50
\$3.75
\$3.75
\$4.50
\$2.75
\$2.95
\$2.75

Daily Snacks:
Popcorn
Veggies and Dip
Crackers and Cheese
Fresh Fruit
Fruit Cup
Apple Slices w/Dip
Yogurt and Berries

\$1.25
\$1.50
\$2.00
\$1.25
\$1.75
\$2.25
\$2.00

Tuesdays and Thursdays
Rice Krispie Square
Applesauce Brownie
Muffin(small)
Low Fat Cookie
Cookie
Banana Bread
Bread Stick
Pudding Cup
Baked Chips(2 days)
Cinnamon Bun(small)

\$1.00
\$1.00
\$1.25
\$0.65
\$0.65
\$1.50
\$1.50
\$1.75
\$1.50
\$1.50

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PLACE ORDERS IN AN
ENVELOPE OR BAGGIE
WITH CHILD'S NAME,
CLASS, AND CHOICE.
OR

Menu Dates	Monday	Tuesday	Wednesday	Thursday	Friday
Feb 6-10 Feb 20-24 Mar 20-24 April 3-7 April 17-21 May 1-5 May 15-19 May 29-June 2 June 12-16	Spaghetti with Lean Meat Sauce and Fresh Baked Roll	Enchilada Bake with Mexican Rice and Corn	No Cafeteria Services due to ½ Teaching Day	Pasta Mexicano with Bread Stick	Sweet & Sour Chicken with Rice and Corn
Feb 13-17 Feb 27-Mar 3 Mar 13-17 Mar 27-31 April 10-14 April 24-28 May 8-12 May 22-26 June 5-9 June 19-23	Pancakes topped with Berries served with sliced Ham	Homestyle Lasagna with Caesar Salad	Diced Chicken on a Bun with Mashed Potatoes, Hot Veggies	Beef Vegetable Stir Fry with Rice	
Every Day Favorites! Grilled Cheese, Homemade Hamburgers, Grilled Chicken Burger, Snack Wraps, Whole Fruit Slush Cups					
Week 1					
Week 2					
Chicken Nuggets OR Fingers and Baked Potato Wedges Daily Combo					
Baked Potato Topped with Taco Meat, Cheese with Side Salad \$5.00					
Chicken Shack Wrap with Carrots & Dip and Small Milk \$5.00					
Garlic Slice with Caesar Salad \$4.25					